

Young Adult Co-Occurring Mental Health Disorder & Substance Misuse Treatment Services

Serving Long Island and the surrounding areas, Outreach's Young Adult Residence provides comprehensive therapeutic care for young people ages 18-25, who struggle with co-occurring substance use and mental health disorders.

This program provides a multi-disciplinary therapeutic milieu, with on-site vocational and educational supports.

The Young Adult Residence is a person-centered program, based on individual treatment needs. This approach allows for mental health and substance misuse counseling, pharmacotherapy, and medical care to occur in an integrated manner, all designed with the developmental needs of the young adult in mind.

Outreach's clinical team is trained and experienced to meet the diverse mental health needs of the young in a safe and supportive, trauma-informed environment.



About Outreach...

Since 1980, Outreach has proudly served the Downstate New York area with life-changing treatment services to help individuals and family members who are struggling with challenges stemming from mental health and substance misuse.

Treatment Services

- On-site and off-site Assessment Services
- Treatment length of stay, designed from a person-centered perspective & based on need
- Extended length of care options available.
- Person-centered care
- Trauma informed care
- Multi-disciplinary clinical team approach
- Full medical & psychiatric services on-site
- Medication Assisted Treatment
- Integrated Family Services - individual, group & parent support and education
- Frustration tolerance & anger management, DBT Skills
- Sobriety maintenance & recovery support activities
- Toxicology testing
- Care coordination
- Holistic clinical formats, including creative art therapies & exercise
- Commitment to evidence-based practices and research-based training for clinicians

The Outreach Young Adult Residence is a NYS OASAS licensed Part 820 Intensive Residential Treatment Program. It is the first, and only, residential treatment program on Long Island specifically designed for young adults, ages 18-25.

Schedule an appointment with one of our trained clinicians to discuss how we can help your young adult and family today.