



Support

Essential Services and Support Page



FOOD ASSISTANCE PROGRAMS



SNAP (Supplemental Nutrition Assistance Program)

- Status: Set to expire November 1st without funding
- What to do:
 - Contact your local food bank or community assistance programs for emergency food support
 - Resources: Feeding America - [Find Your Local Food Bank](#)
 - Important: SNAP provides crucial food assistance to millions of low-income families. Without funding, benefits will stop, leaving families to seek alternative support through food banks and community programs.

New York SNAP Statistics

- Current participation: Approximately 2.93 million people in New York receive SNAP benefits (FY 2024), representing 14.7% of the state's population
- Comparison to national average: New York's 14.7% participation rate is higher than the national average of 12.3%
- National ranking: New York ranks 11th among all states and Washington, DC for the share of population receiving SNAP benefits
- Households with children: 22.6% of New York households with children participate in SNAP, compared to 13.9% of households without children
- Single-parent households: 44.1% of single female-parent households in New York participate in SNAP
- Historical context: SNAP participation in New York peaked in FY 2013 with an average of 3.17 million monthly recipients
- Source: [USAFacts - SNAP Benefits in New York](#)

PROGRAM

ASSISTANCE PROGRAMS



WIC (Women, Infants, and Children)

- Status: Set to expire November 1st without funding
- What to do: Reach out to local health departments and community organizations for infant formula and nutrition assistance
- Emergency contacts: Call 211 for local assistance resources <https://www.211newyork.org/>
Important: WIC serves pregnant women, new mothers, and young children with nutritional support. Expiration of funding will impact families' access to essential nutrition assistance and infant formula.

Food Insecurity Resources

- National Hunger Hotline: 1-866-3-HUNGRY (1-866-348-6479) or text "FOOD" or "COMIDA" to 304- 304
- Feeding America: feedingamerica.org - Network of 200+ food banks nationwide
- No Kid Hungry: Text "FOOD" or "COMIDA" to 304-304 to find free meals for children
- Local food pantries: Contact your city or county government for locations near you

Federal Services Affected

National Parks and Museums

- Status: Closed or operating with limited services
- Alternatives: Visit state parks and local museums that remain open

Passport Services

- Status: Delayed processing times expected
- What to do: Apply well in advance of any travel plans; check local passport office status

IRS Services

- Status: Limited customer service and processing
- What to do: Use online resources at [IRS.gov](https://irs.gov); expect delays in refunds and correspondence

Federal Employees

Furloughed Workers

- Unemployment benefits: May be eligible for unemployment compensation - contact your state unemployment office <https://dol.ny.gov/unemployment-insurance-contact>
- Bill payment assistance: Contact creditors, landlords, and utility companies to request payment extensions or hardship programs

PROGRAM

ASSISTANCE PROGRAMS



Essential Workers (Working Without Pay)

- Financial assistance: Many credit unions and banks offer zero-interest loans during shutdowns
- Local support: Check for community relief funds specifically for federal workers

Resources for Federal Employees

- [Government Shutdown: 10 Essential Resources for Feds](#) - Comprehensive guide including grant programs, loans, and regional assistance

Healthcare and Benefits

Veterans Benefits

- Status: VA healthcare continues; some benefits processing may be delayed
- Resources: Contact your local VA office for specific program status

Medicaid and Medicare

- Status: Continue to operate normally
- Note: Long-term funding concerns if shutdown extends
- Mission-critical activities and updates related to Medicare Open Enrollment will continue during the government shutdown. Some other updates on this website may be delayed or limited. Your Medicare benefits and coverage will continue as before, and you can go to your doctor and access the health care services you need.

<https://www.medicare.gov/basics/costs/help/medicaid>

Affordable Care Act (ACA) Health Subsidies

- Status: Enhanced premium tax credits set to expire at the end of the year without Congressional action
- Impact: If not extended, more than 24 million Americans with ACA marketplace insurance will face premium increases averaging 114% (around \$1,016 more per year) Timeline: Open enrollment begins November 1st in most states
- What to do: Monitor your state or federal marketplace for updates; consider budgeting for potential premium increases
- Read more: [These people will lose if Affordable Care Act health subsidies expire | AP News](#)

resource or supply

ESSENTIAL SERVICES & RESOURCES SUPPORT LIST



FOR-NY knows that the shutdown and the impending interruption of some resources and support will impact the Recovery Community. This page provides resources to help individuals and families access support, stay informed and navigate this period safely.

Food Assistance Programs

SNAP ([Supplemental Nutrition Assistance Program](#))

- Status: Set to expire November 1st without funding
- What to do: Contact your local food bank or community assistance programs for emergency food support
- Resources: Feeding America - [Find Your Local Food Bank](#)
- Important: SNAP provides crucial food assistance to millions of low-income families. Without funding, benefits will stop, leaving families to seek alternative support through food banks and community programs.

New York SNAP Statistics

- Current participation: Approximately 2.93 million people in New York receive SNAP benefits (FY 2024), representing 14.7% of the state's population
- Comparison to national average: New York's 14.7% participation rate is higher than the national average of 12.3%
- National ranking: New York ranks 11th among all states and Washington, DC for the share of population receiving SNAP benefits
- Households with children: 22.6% of New York households with children participate in SNAP, compared to 13.9% of households without children

resource or supply

ESSENTIAL SERVICES & RESOURCES SUPPORT LIST



- Single-parent households: 44.1% of single female-parent households in New York participate in SNAP
- Historical context: SNAP participation in New York peaked in FY 2013 with an average of 3.17 million monthly recipients
- Source: [USAFacts - SNAP Benefits in New York](#)

WIC (Women, Infants, and Children)

- Status: Set to expire November 1st without funding
- What to do: Reach out to local health departments and community organizations for infant formula and nutrition assistance
- Emergency contacts: Call 211 for local assistance resources <https://www.211newyork.org/>
- Important: WIC serves pregnant women, new mothers, and young children with nutritional support. Expiration of funding will impact families' access to essential nutrition assistance and
- infant formula.

Food Insecurity Resources

- National Hunger Hotline: 1-866-3-HUNGRY (1-866-348-6479) or text "FOOD" or "COMIDA" to 304- 304
- Feeding America: feedingamerica.org - Network of 200+ food banks nationwide
- No Kid Hungry: Text "FOOD" or "COMIDA" to 304-304 to find free meals for children
- Local food pantries: Contact your city or county government for locations near you

Federal Services Affected

National Parks and Museums

- Status: Closed or operating with limited services
- Alternatives: Visit state parks and local museums that remain open

Passport Services

- Status: Delayed processing times expected
- What to do: Apply well in advance of any travel plans; check local passport office status

IRS Services

- Status: Limited customer service and processing
- What to do: Use online resources at [IRS.gov](https://www.irs.gov); expect delays in refunds and correspondence

resource or supply

ESSENTIAL SERVICES & RESOURCES SUPPORT LIST



Federal Employees

Furloughed Workers

- Unemployment benefits: May be eligible for unemployment compensation - contact your state unemployment office <https://dol.ny.gov/unemployment-insurance-contact>
- Bill payment assistance: Contact creditors, landlords, and utility companies to request payment extensions or hardship programs

Essential Workers (Working Without Pay)

- Financial assistance: Many credit unions and banks offer zero-interest loans during shutdowns
- Local support: Check for community relief funds specifically for federal workers

Resources for Federal Employees

- [Government Shutdown: 10 Essential Resources for Feds](#) - Comprehensive guide including grant programs, loans, and regional assistance

Healthcare and Benefits

Veterans Benefits

- Status: VA healthcare continues; some benefits processing may be delayed
- Resources: Contact your local VA office for specific program status

Medicaid and Medicare

- Status: Continue to operate normally
- Note: Long-term funding concerns if shutdown extends
- “Mission-critical activities and updates related to Medicare Open Enrollment will continue during the government shutdown. Some other updates on this website may be delayed or limited. Your Medicare benefits and coverage will continue as before, and you can go to your doctor and access the health care services you need”.

<https://www.medicare.gov/basics/costs/help/medicaid>

Affordable Care Act (ACA) Health Subsidies

- Status: Enhanced premium tax credits set to expire at the end of the year without Congressional action
- Impact: If not extended, more than 24 million Americans with ACA marketplace insurance will face premium increases averaging 114% (around \$1,016 more per year)
- Timeline: Open enrollment begins November 1st in most states
- What to do: Monitor your state or federal marketplace for updates; consider budgeting for potential premium increases
- Read more: [These people will lose if Affordable Care Act health subsidies expire | AP News](#)

Protect Your SNAP!

New federal government work rules and eligibility requirements take effect November 1, 2025.

Starting November 1, based on changes from the federal government, work requirements, age limits and exemptions are changing for SNAP recipients who are 18-64 years old, living without dependent younger than 14 and who are able to work.



FAILURE TO COMPLY WITH THESE NEW FEDERAL RULES MAY RESULT IN A LOSS OF SNAP BENEFITS.

The federal government now has **different age limits for both you and your dependents if you are an Able-Bodied Adult Without Dependents (ABAWD).**

NEW RULES

Your Age	18-64
Your Dependents' Age	Under 14
Work Ability	Able to work

To get SNAP benefits for more than three months in a three-year period, **you must work at least 80 hours a month or participate in a qualified training program** if you are between the ages of 18-64, have children 14 or older and are physically and mentally able.

Exemptions for veterans, homeless individuals and current or former foster youth age 18-24 have been eliminated by the federal government.

If you have questions about your eligibility, please reach out immediately to the Department of Social Services by calling our Case Management Information Center at (914) 995-3333 or visiting your local district office.

Mount Vernon
100 East First Street
Mount Vernon, NY 10550

Peekskill
750 Washington Street
Peekskill, NY 10566

White Plains
85 Court Street
White Plains, NY 10601

Yonkers
131 Warburton Avenue
Yonkers, NY 10701

You can find more information on the new work rules on our website
<https://socialservices.westchestergov.com/snap/snap-announcements>



Kenneth W. Jenkins, County Executive
Leonard G. Townes, Commissioner
Department of Social Services



Proteja sus beneficios de SNAP

Las nuevas normas laborales y los requisitos de elegibilidad del gobierno federal entraran en vigor el 1º de noviembre del 2025.

A partir del 1º de noviembre, debido a los nuevos cambios hechos por el gobierno federal los requisitos de empleo, los límites de edad y las excepciones cambiarán para todos aquellos que reciben beneficios de SNAP que se encuentren entre las edades de 18 a 64 años de edad, que no tengan dependientes menores de 14 años y que estén en condiciones de poder trabajar.



EL NO CUMPLIR CON ESTAS NUEVAS NORMAS FEDERALES PODRA RESULTAR EN LA PERDIDA DE SUS BENEFICIOS DE SNAP.

El gobierno federal dicta ahora diferentes **límites de edad tanto como para usted como para sus dependientes si es usted un adulto en edad laboral sin dependientes (ABAWD).**

Nuevas Reglas

Su edad	18-64
Edad de sus dependientes	Menores de 14 años
Capacidad para trabajar	Capaces de Trabajar

Para poder recibir beneficios de SNAP por más de tres meses en un periodo de tres años, usted deberá trabajar por lo **menos 80 horas al mes o participar en un programa de capacitación aprobado** si tiene entre 18 y 64 años de edad, tiene hijos de 14 años o más y esta física y mentalmente apto para trabajar.

Las excepciones para veteranos, personas sin hogar y jóvenes entre 18 a 24 años que esten o hayan estado en el sistema de crianza temporal han sido eliminadas por el gobierno federal.

Si tiene preguntas sobre su elegibilidad, comuníquese de inmediato con el Departamento de Servicios Sociales llamando a nuestro Centro de Información de Administración de Casos al (914) 995-3333 o visitando su oficina local del distrito.

Mount Vernon
100 East First Street
Mount Vernon, NY 10550

Peekskill
750 Washington Street
Peekskill, NY 10566

White Plains
85 Court Street
White Plains, NY 10601

Yonkers
131 Warburton Avenue
Yonkers, NY 10701

Usted podrá encontrar más información sobre los nuevos requisitos laborales visitando nuestra página web <https://socialservices.westchestergov.com/snap/snap-announcements>





PROGRAMS, RESOURCES & SUPPORT



Housing Programs

HUD Operations

- Status: Most HUD offices closed; skeleton staff handling emergencies only
- Section 8 vouchers: Payments continue through mid-November 2025 under previously obligated contracts
- Public housing: Operating Fund payments continue through November; Capital Fund payments delayed
- What to do: Contact your local housing authority for specific program status
- Read more: [How the Government Shutdown Will Impact HUD Operations & Housing Programs | The Habitat Group](#)

Emergency Resources

- 211: Dial for local community resources and assistance programs
- Food banks: Feeding America network - feedingamerica.org
- Utility assistance: LIHEAP (Low Income Home Energy Assistance Program) may still have state-level funding
- Legal aid: Free legal services for shutdown-related issues through Legal Services Corporation

Stay Informed

- Government status: Check [USA.gov](https://www.usa.gov) for official updates on shutdown status and affected services
- Local resources: Contact your city or county government for local assistance programs
- Congressional updates: Follow your representatives for information on potential resolution

Kind Regards,

Christopher Assini

FRIENDS OF RECOVERY – NEW YORK

1529 Western Avenue Albany, NY 12203

Work Cell: 518-813-0402

Cell: 518-729-0557

FAX: 518-313-0909

cassini@for-ny.org

Friends of Recovery - New York
1529 Western Ave., Albany NY 12203
Phone: (518) 487-4395
Website: www.for-ny.org

