



OUTREACH YOUNG ADULT RESIDENCE

Empowering Recovery, Building Independence

If you or someone you love is 18–25 and struggling with substance misuse and co-occurring mental health disorders, you are not alone and help is here. Outreach's new Young Adult Residence in Brentwood, Long Island offers a safe, welcoming space to support recovery and help young adults build a strong foundation for a healthy, independent future. The first program of its kind on Long Island, this residence fills a critical gap in care for young people. Our compassionate team partners with individuals and their family to create a personalized plan that reflects their goals, builds resilience, and supports a young person's transition into adulthood.

Personalized Care that Supports an Individual's Path Forward

Every person's journey is different. An individualized plan may include:

- Comprehensive substance use and mental health treatment
- Psychiatric evaluation and medication management
- Individual and group therapy focused on coping skills, life skills, and vocational readiness
- Family counseling and education to help strengthen support systems
- Relapse prevention strategies and ongoing alumni recovery support
- Specialized groups including anger management and emotional regulation
- Access to vocational classrooms, technology labs, and recreational spaces to prepare you for the future

A Place Design for Growth

The residence was thoughtfully designed to support healing, independence, and connection. It includes:

- Bright, welcoming bedrooms that feel like home
- A communal dining hall and kitchen where shared meals build community
- Recreational spaces that foster confidence and connection
- Dedicated counseling rooms and classrooms to help you grow
- Technology labs to support your educational and career goals

Families Are Part of the Journey

Recovery is not something you have to face alone. Families and loved ones are an integral part of the process. We offer ongoing communication, education, and support to help everyone feel prepared for the next steps — together.

We work with most insurance plans and offer sliding scale payment options because everyone deserves access to quality care.

Call us: 1-833-OPINYORG (1-833-674-6967)



www.opiny.org



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