

HEROES AGAINST HEROIN

John Brower Jr
FOUNDATION

Building Healthy Lives
OUTREACH

9th Annual 5K Walk

Saturday, September 14, 2024

Registration 9:00am

Walk Begins 10:00am

Jones Beach - Field 1

Free Parking

*"Some people come into our lives and quickly go.
Some stay for awhile and leave footprints on our
hearts. And we are never, ever the same."*

ABOUT THE EVENT

This family friendly day full of fun and healthy exercise was created to raise awareness about substance and alcohol use disorders in our communities, and help raise money to end it. Right here on Long Island our neighbors are struggling with addiction.

Outreach has been providing services to help these individuals rebuild their lives since 1980. Thousands of adults and adolescents have had their lives transformed by the crucial services we provide, which has positively impacted our communities greatly.

HOW DO I SIGN UP?

To participate in this rain or shine event, simply complete registration form (be sure to have it signed by a parent or guardian if under 18) and return it to the address stated as soon as possible.

You can also register online on the event page @ <https://opiny.org/donate/brower-walk/>.

While applications will be accepted the day of the event, preregistration is strongly encouraged.

Free Parking at Jones Beach Field 1.
Just tell the parking attendant you are with the walk.

For more information, please contact Marsha Radulov at 718-847-9233 ext. 2310 - marsharadulov@opiny.org
Or scroll your cellphone camera here





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Jones Beach - Field 1 - Free Parking
Registration begins at 9:00 AM • Walk Starts Promptly at 10:00 AM

Name _____

Address _____

City _____ **State** _____ **Zip** _____

Email _____ **Telephone** _____

- Walker
- I do not want to walk, but would be interested in volunteering
- Sorry, I cannot attend. Please accept my enclosed donation

Total Amount: \$ _____

Method of payment:

- Check enclosed, **payable to Outreach**
- Online - visit our event page at <https://opiny.org/donate/brower-walk/>, or scroll your cellphone camera here
- Charge my credit card: AMEX VISA MC DISC



Name as it appears on the card _____

Account # _____ Exp Date _____

Signature _____

Return to: Outreach
11711 Myrtle Ave
Richmond Hill, NY 11418
Attn: Development
Fax: (718) 849-1093

Important:
Please go to Jones Beach Field 1 for Free Parking. Tell the attendant you are with the Walk. Registration begins at 9:00 AM. If you are signing up the day of the Walk please have all your paperwork ready, including the Waiver and Photo/Video Release. The Walk starts promptly at 10 AM.



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5K Details

1. \$25 Registration Fee
2. All participants must complete and sign documented waivers and photo release
3. Children under the age of 18 must be accompanied by an adult

Waiver of Claim for Personal Injury

I hereby waive all claims against Outreach Project, Inc. (Outreach) and The John Brower, Jr. Foundation and any Event Sponsors and personnel, for any bodily injury or property damage I might suffer or cause during this event.

Print Name/Names: _____

Signature: _____ Date: _____

Name: _____ Date: _____
(Signature of parent or guardian if participant is under 18 years of age)

Photo & Video Release

I hereby authorize Outreach Project, Inc. (Outreach) and the John Brower, Jr. Foundation and anyone authorized as a representative of Outreach Project, Inc. (Outreach) or the John Brower, Jr. Foundation to use my name and/or any photographs or videos of me at the event, to promote or advertise any Outreach Project, Inc. (Outreach) or the John Brower, Jr. Foundation event.

Print Names: _____

Signature: _____ Date: _____

Name: _____ Date: _____
(Signature of parent or guardian if participant is under 18 years of age)