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8th Annual Heroes Against Heroin 5K Walk to Support Overdose Prevention & Education and Addiction Treatment Services on Long Island

The John Brower, Jr. Foundation, in partnership with Outreach, will host the 8th Annual Heroes Against Heroin 5K Walk on Saturday, September 9, 2023, at 10:00 a.m. at Jones Beach State Park, Parking Field 1 (check-in begins at 9:00 a.m.).

The Walk was established by the Brower family (parents John, Sr. and Jody, and their children Kristen and Robert) in 2014 after they tragically lost their son John, Jr. to opioid overdose in 2014. The aim of the event is to raise awareness about, and needed support to fight, the opioid epidemic that continues to devastate families and communities throughout Long Island. All funds raised support Outreach's life-saving treatment programs and services for individuals and families.



The Walk along the historic Jones Beach Boardwalk serves as an ongoing tribute to the memory of John Brower, Jr. and others who have been lost to the ongoing opioid crisis. The Walk offers information to inspire and educate the public about substance and alcohol use disorders and the treatment options available to them and their loved ones. To learn more, please visit: <https://opiny.org/donate/brower-walk/>.

How to Participate

The 8th Annual John Brower, Jr. 5K Heroes Against Heroin Walk will take place, rain, or shine. All are welcome - families, groups, and individuals.

To register:

- Download and complete a [Registration Form \(click for a fillable PDF\)](#) and return it to the address noted on the form as soon as possible. Children under 18 should have their form signed by a parent or guardian. They must also be accompanied at the Walk by an adult.
- **Note:** all walkers must also complete and sign an accompanying waiver and photo release.
- For online registration, please [click here](#).
- Registration is \$25. While applications will be accepted on the day of the event, **pre-registration is strongly encouraged!**
- Check-in on the morning of the event begins at 9:00 a.m. The walk begins promptly at 10 a.m. Free parking will be available at Jones Beach Parking Field 1 – participants should mention to the attendant that they are attending the Outreach/Brower Walk.



For more information, assistance with registration, or any questions, please contact Marsha Radulov at 718-847-9233 ext. 2310 or marsharadulov@opiny.org.

About The John R. Brower, Jr. Foundation

The John R. Brower, Jr. Foundation was founded in 2014, after the Brower family lost their 25-year-old son to an opiate overdose. Turning their personal tragedy into hope for other families, the Brower Foundation has raised vital funds in support of substance use treatment and donated more than \$200,000 to date to Outreach.

About Outreach

More than 40 years ago, [Outreach](#) opened its doors as a small assessment and referral center to engage people in the community struggling with addiction. Since then, its mission evolved to meet more needs and more communities. Today, Outreach inspires adolescents, adults, and their families to live their healthiest life through high quality, evidence-based behavioral health services and training programs located throughout New York City and Long Island.

For more information about Outreach, visit www.opiny.org. If you or someone you know needs help with a drug or alcohol problem, please call Outreach at 1-833-OPINYORG (1-833-674-6967).

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